

18-10 - Sunset Park Revitalization Project

Application Details

Funding Opportunity:	7583-Outdoor Heritage Fund May 2021 - Round 18
Funding Opportunity Due Date:	May 3, 2021 11:59 PM
Program Area:	Outdoor Heritage Fund
Status:	Under Review
Stage:	Final Application
Initial Submit Date:	May 3, 2021 4:55 PM
Initially Submitted By:	Caroline Homan
Last Submit Date:	Jun 1, 2021 4:36 PM
Last Submitted By:	Caroline Homan

Contact Information

Primary Contact Information

Active User*:	Yes
Type:	External User
Name:	Ms. Caroline Christie Homan Salutation First Name Middle Name Last Name
Title:	
Email*:	caroline.homan@ndsu.edu
Address*:	204 6th Ave NE PO Box 322 LAMOURE North Dakota 58458 City State/Province Postal Code/Zip
Phone*:	701-680-0765 Ext. Phone ###-###-####
Fax:	###-###-####
Comments:	

Organization Information

Status*:	Approved
Name*:	LaMoure Lions
Organization Type*:	In-State Non-Profit
Tax Id:	82-2209312
Organization Website:	
Address*:	PO Box 282

LaMoure North Dakota 58458-____
City State/Province Postal Code/Zip
(701) 680-0765 Ext.

Budget

Objective of Grant

Objective of Grant:

The objective of this grant is to support the new development and installation of approximately 25,000 square feet of concrete walking paths at Sunset Park in LaMoure ND. Proposed paths are 8 feet wide.

Summary

Grant Request:	\$35,000.00
Matching Funds:	\$147,639.00
Total Project Costs:	\$182,639.00
You must have at least 25% match	
Percentage of Match:	80.84%

Project Expenses

Project Expense Description	OHF Request	Match Share (Cash)	Match Share (In-Kind)	Match Share (Indirect)	Other Project Sponsor's Share	Total Each Project Expense
Walking Paths	\$28,929.00	\$147,639.00	\$0.00	\$0.00	\$0.00	\$176,568.00
Site Repair	\$6,071.00	\$0.00	\$0.00	\$0.00	\$0.00	\$6,071.00
	\$35,000.00	\$147,639.00	\$0.00	\$0.00	\$0.00	\$182,639.00

Budget Narrative

Budget Narrative:

1) A contractor will be hired to prep, pour and complete the concrete path. Unit Cost includes excavation and full pavement section (base rock, fabric, pavement), contractor mobilization and mark-ups. Approximately 25,000 SF of paths are planned at \$7.00/SF. This includes the installation of concrete pads approximately 4'x16' connected to the walking path for the purpose of installing benches to provide rest areas.

2) A contractor will be hired to complete site repair following installation of the paths. Unit cost includes site prep and 3' of seeding along sidewalks. \$.12/SF and Hydro mulch to keep grass seed moist and in place during the busy summer park season.

Bid Attachments

Description	File Name	Type	Size	Upload Date
Estimate from Builder's Mart includes unit costs for installing 4" thick concrete sidewalks. Estimate includes excavation, base rock, fabric, pavement, contractor mobilizations and markups.	ESTIMATE_Phase2Walking Paths_BuildersMart_OHF.pdf	pdf	52 KB	06/01/2021 01:54 PM
Estimate from Homan Design Group includes unit cost/square foot for site repair. Includes, labor, grass seed, hydro mulch, and equipment rental.	Estimate_SunsetPark_SiteRepair_OHF.pdf	pdf	394 KB	06/01/2021 01:54 PM

Match Funding

Match Amount	Funding Source	Match Type
\$45,000.00	Garrison Diversion Conservancy District	Cash
\$90,000.00	LaMoure Lions Club	Cash
\$12,639.00	Fundraising	Cash
\$147,639.00		

Description

Directives

Major Directive*:	Directive D Choose One
Additional Directive:	Choose All That Apply
Type of Agency*:	Tax-exempt, nonprofit corporation Choose One

Abstract/Executive Summary

Abstract/Executive Summary*:

Sunset Park Revitalization Project is a multi-phased park development effort to strengthen community vitality and promote health and wellness by improving areas for outdoor recreation in LaMoure, ND. Phase I was successfully completed in 2019 with the generous support of OHF. Phase II includes the construction of new walking paths throughout the park to connect existing areas of designated recreation. It also includes the development of a new fitness loop designed to promote physical health and wellness in the outdoors.

The project will provide approximately 25,000 square feet of 8' wide concrete paths that allow pedestrians and other non-motorized forms of transportation safe access throughout the city park which encompasses the span of two city blocks. These new paths will get pedestrians off the busy road shoulder and provide a much needed safe space for outdoor recreation in the community of LaMoure.

Project Duration

Project Duration*:

We anticipate the duration of this project to be completed during the summer/fall of 2021. Dates below are approximate.

June, 2021 - Begin dirt work

June - July, 2021 - Pour concrete

August - September, 2021 - Final site repair including dirt work and seeding. Install signs and donor benches.

Narrative

Narrative

Briefly summarize your organization's history, mission, current programs and activities. Include an overview of your organizational structure, including board, staff and volunteer involvement.

Organization Information*:

LaMoure Lions seek to empower volunteers to serve their communities. Chartered in 1961, LaMoure Lions is an organization of over 40 service-minded volunteers committed to creating positive, impactful change. Our Executive Board includes a President, Secretary, and Treasurer. Working Committees oversee and implement the scope of our projects. The membership meets monthly to conduct a business meeting. Our Community Chest project raises thousands of dollars annually that are distributed in their entirety to approximately 30 community organizations who share the Lions' mission of service. We offer two \$500 educational scholarships to high school students who demonstrate a passion for service through their volunteer efforts. Our service events include a Chicken BBQ, 4-H BBQ, Alumni BBQ and Pancake Day, the proceeds of which support local needs. These events also foster a sense of community pride and cohesion. LaMoure Lions holds an annual eyeglasses drive to support the Lions International's sight project to prevent blindness and restore and promote eye health. Lions have joined forces with the LaMoure County Suicide Prevention Task Force to offer mental health education and support throughout the county, including a billboard on ND HWY 281 south of Jamestown. The LaMoure Lions Sunset Park Revitalization Project was developed in 2014 to address the lack of facilities within, and access to, our city park. By 2019 we raised over \$150,000 and relied on countless volunteer hours to complete the installation of a new playground at Sunset Park. We are a dynamic organization that serves widely, but always with the purpose of promoting citizen engagement and social welfare. We recognize the important role a city park plays in strengthening the infrastructure of a community. We also know that when volunteers are invested community pride prevails.

Describe the proposed project identifying how the project will meet the specific directive(s) of the Outdoor Heritage Fund Program.

Identify project goals, strategies and benefits and your timetable for implementation. Include information about the need for the project and whether there is urgency for funding. Indicate if this is a new project or if it is replacing funding that is no longer available to your organization. Identify any innovative features or processes of your project.

Note: if your proposal provides funding to an individual, the names of the recipients must be reported to the Industrial Commission/Outdoor Heritage Fund. These names will be disclosed upon request.

If your project involves an extenuating circumstance to exempted activities please explain.

Purpose of Grant*:

The proposed Walking Path for Sunset Park meets Directive D of the Outdoor Heritage Fund to create areas for recreation through the development of parks. This grant will help promote outdoor recreation and contribute to community health.

Parks are hubs for social interaction that help reduce stress and improve mental health. There is urgency for funding of this walking path project in the midst of the COVID 19 pandemic which increased the need to sustain wellness through outdoor recreation. Paved walking paths will remove environmental barriers that have historically prevented some citizens from fully engaging in outdoor recreation. This is a nature-based solution to build community health and inclusion for all users. Ultimately, it will increase access to a variety of recreational opportunities and enhance the functioning of Sunset Park as a vital community resource.

The walking path project is phase two of a comprehensive park improvement plan. The plan was developed by LaMoure Lions in response to a community needs assessment conducted in 2014 that included focus groups, on-line and paper-based surveys, and informal interviews with citizens of all ages. Citizen input was aggregated and fully directed the priorities and phases of the overall Sunset Park Revitalization Project.

New concrete walking paths are designed to be in compliance with the Americans with Disabilities Act of 1990, ensuring that park patrons of all ages and abilities can navigate safely in and around the park without the barriers of uneven terrain. The 8 foot wide paths will allow persons using wheelchairs, walkers, strollers and other mobility aids to easily pass other pedestrians and have a support person beside them. The network of paths is strategically designed to connect existing recreational areas in the park including softball fields, little league fields, concessions, frisbee golf, the Lions BBQ pit, the swimming pool, and a future tennis court. Additionally, the project includes the development of a dedicated fitness loop at the north end of Sunset Park which is currently underutilized. The paths will include concrete pads adjacent to the path for donor benches to be placed to provide areas of rest.

The walking paths will enhance a neighborhood with no existing sidewalks. This will allow pedestrians to stay off the busy road shoulders and enjoy a much-needed safe space for walking and exercise. The new paths will have entry points at each corner of the park. The paths will wind among beautiful trees that will provide natural shade. Spending time in nature has been shown to reduce stress and anxiety and improve mood and cognitive functioning. We anticipate that developing Sunset Park into a thriving gathering space that meets the diverse needs of its users will serve as a mitigating factor for at-risk behaviors among youth who will benefit from the pro-social elements the park offers. When families experience the pleasures of outdoor recreation, they are motivated to sustain and protect our natural resources and future opportunities for conservation of the North Dakota outdoors.

Overall, the Sunset Park Revitalization Project is a collaborative plan supported by local volunteers and community and government organizations to enhance the vitality of our community while promoting outdoor recreation and personal wellness for multi-generational use. Our goal is to complete Phase 2 in the summer of 2021.

Please list the counties that would be impacted by this project:

Counties*: LaMoure

Is This Project Part of a Comprehensive Conservation Plan?* No

If Yes, Please Provide Copy of Plan:

Does Your Project Involve an Extenuating Circumstance?* No

Please Explain:

Provide a description of how you will manage and oversee the project to ensure it is carried out on schedule and in a manner that best ensures its objectives will be met. Include a brief background and work experience for those managing the project.

Management of Project*:

The LaMoure Lions will oversee the walking path project from start to finish with assistance from the LaMoure Park Board. LaMoure Lions Sunset Park Committee Members will communicate with professional and non-professional staff involved in the installation of the project in accordance with all regulations. The LaMoure Park Board will be responsible for future maintenance of the walking paths.

Regarding the multi-phase revitalization project, LaMoure Lions are the primary entity responsible for planning, funding, managing and overseeing the completion of several phases: Phase 1: Play Equipment, Phase 2: Walking Paths, and Phase 4: Parking .

The LaMoure Park Board has assumed responsibility for planning, managing and completion of Phase 3: A Community Swimming Pool. That said, LaMoure Lions collaborate with and consult Park Board on all phases to ensure sustainability of our efforts.

LaMoure Lions President, Mitch Carlson, serves on the LaMoure Community Development Corporation and has overseen a variety of community development projects including the recent addition of a new childcare facility.

LaMoure Lions Sunset Park Committee Chair, Caroline Homan, has worked closely with a landscape architect on all aspects of the project and has successfully overseen the completion of Phase 1.

LaMoure Park Board members have considerable experience managing the day to day functioning and maintenance of Sunset Park.

Indicate how the project will be funded or sustained in future years. Include information on the sustainability of this project after OHF funds have been expended and whether the sustainability will be in the form of ongoing management or additional funding from a different source.

Sustainability*:

The walking-paths will be poured in concrete. While this material is more expensive than others (e.g., asphalt), LaMoure Lions have been advised by contractors that concrete will require less maintenance than other materials overtime. Anticipated maintenance is minimal. According to the U.S. Department of Transportation, the expected life-span of concrete paths is approximately 80 years if best practices are followed. LaMoure Lions will allocate \$5,000 for repairs over the next 15 years. General maintenance will be completed by LaMoure Park Board.

Indicate how the project will be affected if less funding is available than that requested.

Partial Funding*:

The urgency for this project was magnified during the COVID 19 pandemic when citizens were seeking outdoor recreational opportunities. This project is valued as a high priority in the community and will be completed if less funding is available. We have the design flexibility to modify the distance of the overall path. LaMoure Lions will continue to pursue fundraising efforts until the project can be completed in full.

This project has received grant funding from the Garrison Diversion Recreation Committee and is approved for up to 25% of the local share of the eligible costs not to exceed \$45,0000. LaMoure Lions have approximately \$90,0000 available for the construction of walking paths.

If you are a successful recipient of Outdoor Heritage Fund dollars, how would you recognize the Outdoor Heritage Fund partnership? * There must be signage at the location of the project acknowledging OHF funding when appropriate. If there are provisions in that contract that your organization is unable to meet, please indicate below what those provisions would be.

Partnership Recognition*:

There will be signage at the location of Sunset park acknowledging OHF funding. A bench with a back will be placed in the park with your name engraved on the backrest. There will also be an engraved 12x12 brick paver placed in the park as part of sunset array designed to recognize our donors. The sunset array is the central connect point of the pathways and part of the overall project.

Do you have any supporting documents, such as maps or letters of support that you would like to provide? If so, please provide them in a single file.

Supporting Documents*: Yes

If Yes, Please Provide Copies in a Single File: SUPPORTING DOCS_Narrative_OHF.pdf

Awarding of Grants - Review the appropriate sample contract for your organization. Sample Contract

Can You Meet All the Provisions of the Sample Contract?*: Yes

If there are provisions in that contract that your organization is unable to meet, please indicate below what those provisions would be:

Provisions Unable to Meet:

Tasks

Tasks

Task	Start Date	Completion Date
Document progress and complete reports to meet grant requirements.	06/30/2021	12/31/2021
Install donor benches and signs.	08/01/2021	08/31/2021
Install walking paths.	06/15/2021	08/31/2021
Select contractors and agree to terms of project.	06/01/2021	06/15/2021
Site repair.	08/01/2021	09/30/2021
Solicit project bids.	05/01/2021	05/30/2021

Description of Tasks

Please Describe Tasks:

Solicit bids from contractors for the walking path project.

Select a contractor to complete the concrete walking paths.

Select a contractor to complete site repair following installation of the paths.

Install donor benches along the path and appropriate signage for funding partners. Complete and submit status and final reports for the work described to fulfill grant requirements.

Deliverables

Deliverables

Deliverable	Quantity	Unit of Measurement, if applicable
Concrete Walking Paths	25000.000	SF
Site Repair	18630.000	SF

Certification

Certification

Certification: Yes

Name: Caroline Homan
First Name Last Name

Title: LaMoure Lions, Sunset Park Committee Chair
Title

Date: 05/02/2021

Internal Application Number

#/ID: 18-10

ESTIMATE

SUNSET PARK PHASE 2 SITE IMPROVEMENTS

QUANTITIES FROM DRAFT PLAN DATED 8.26.19

PRELIMINARY COST ESTIMATE SUMMARY

ITEM	QTY	UNIT	UNIT COST	TOTAL COST
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DIRECT CONSTRUCTION COSTS

Park Improvements

New 4" Concrete 8' Sidewalk @ Sunset Park	25,224	SF	\$ 7.00	\$ 176,568
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NOTES

Unit Cost includes excavation and full pavement section (base rock, fabric, pavement), Contractor mobilization & markups
All proposed concrete walking areas are 4 inches thick reinforced with gravel
All proposed sidewalks are 8 feet wide
Estimate includes site repair of landscapes

This estimate is based on the unit cost of the walking paths at Sunset Park



BUILDERS MART - LaMoure, ND



704 S 7th St.
Oakes, ND 58474

T 701.742.4493 M 701.866.9977
E philipjhoman@gmail.com

April 27, 2021

Project title: Sunset Park
Project description: Sidewalk Seeding
P.O. Number:
Invoice Number: 1
Terms: 30 Days

Description	Quantity	Unit Price	Cost
Site Prep. and Seeding along Sidewalks /SF	18630	\$ 0.12	\$ 2,235.60
Estimated on 3' of each side of sidewalk	0	\$ 0.00	\$ 0.00
Backfill Sidewalks	10	\$ 100.00	\$ 1,000.00
Hydro Mulch	18630	\$ 0.12	\$ 2,235.60
Equipment Rental Plus Mileage	1	\$ 600.00	\$ 600.00
		\$ 0.00	\$ 0.00
			\$ 0.00
			\$ 0.00
			\$ 0.00
Subtotal			\$ 6,071.20
Tax			\$ 0.00
Total			\$ 6,071.20

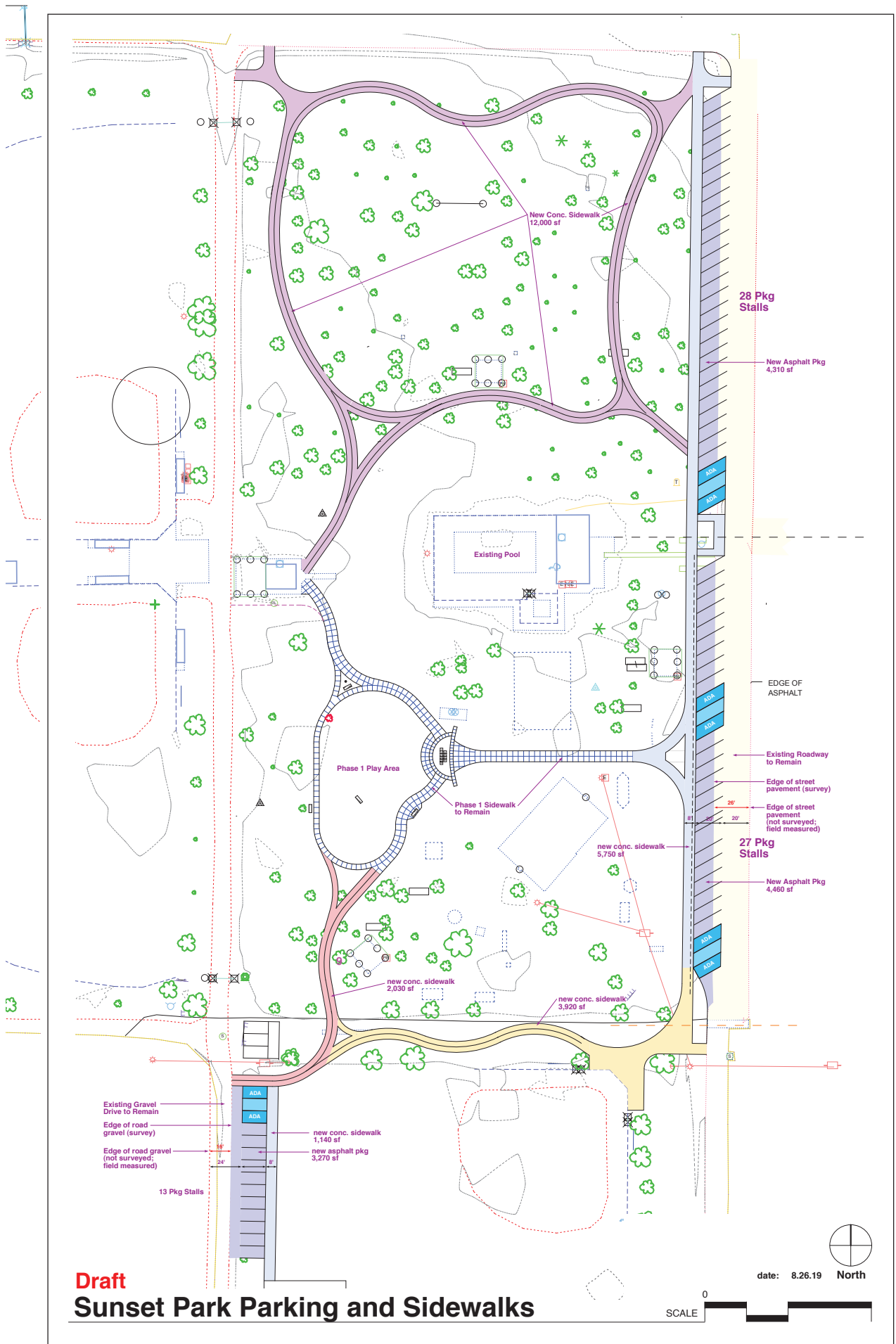
Please call with any questions.

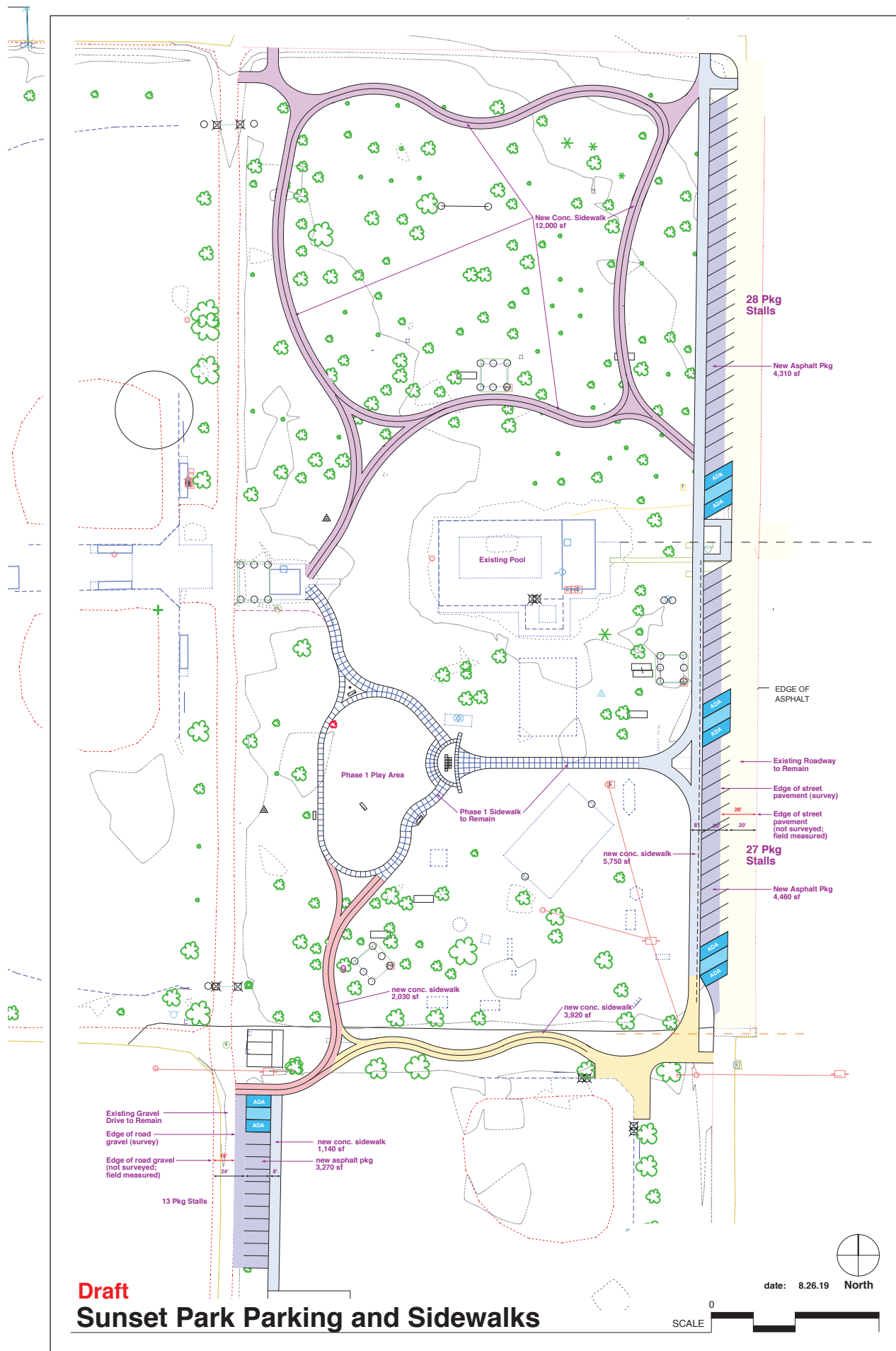
Thank you,

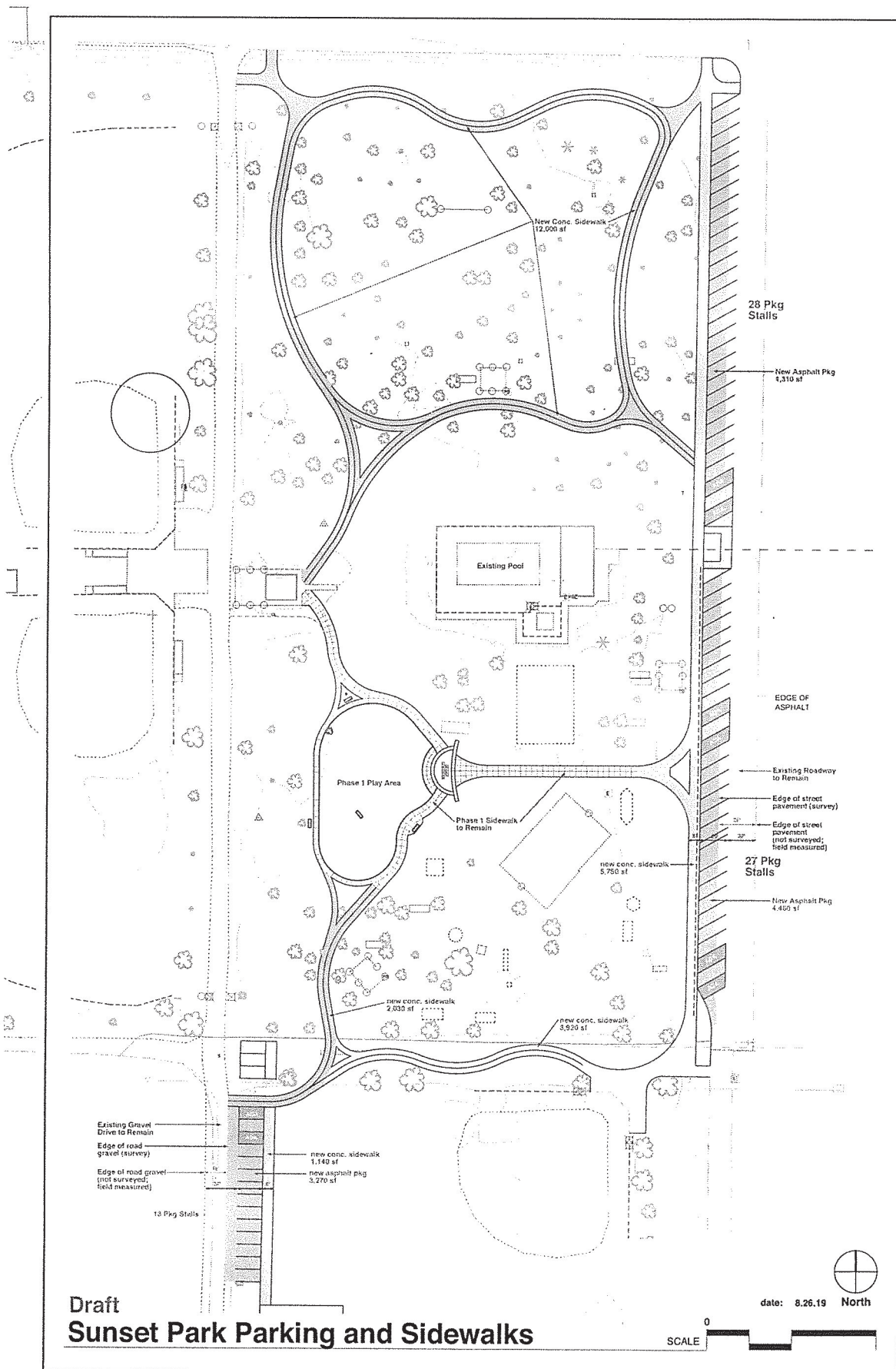
Company



Philip J Homan









Google 46°21'37"N 98°17'58"W 1.01 km

LaMoure Public School

HIGH SCHOOL PRINCIPAL

Lucas Isaacson

ELEMENTARY PRINCIPAL

Laura Shockman

Business Manager

Sheila Bierman

MITCH CARLSON – Superintendent

105 – 6th Avenue SE

P.O. Box 656

LAMOURE, NORTH DAKOTA 58458

Email: Mitch.Carlson@sendit.nodak.edu

Phone 701-883-5396; Fax: 701-883-5144

Board of Education

Holly Braun, President

Jodi Laney, Vice President

Alana Lacina

Katie Potts

Jessica Duffy

April 2021

Committee Members:

The LaMoure Public School fully supports Phase II of the Sunset Revitalization Park Project. There has been great activity and improvements at the park over the last few years and this is another giant step in the right direction. This not only for the community of LaMoure, but also for the school.

From the LaMoure School viewpoint, the added walking paths for Phase II of the project would be a great addition to how the LaMoure School students and staff will be able to utilize the Sunset Park facility. With the addition of disc golf course laid out near Sunset Park last fall, with other various opportunities, physical education lessons can be incorporated into activities such as those that promote lifelong activities at Sunset Park. With walking paths throughout the park, this added feature will only enhance the opportunities for the LaMoure Public school.

Needless to say, Phase II of the project not only benefits the LaMoure School, but the entire population of LaMoure and the surrounding area. The lack of adequate walking paths within the city of LaMoure shows the need for this vital project in LaMoure. Not only will it provide the physical and mental health gains for our population, it provides more outdoor recreation opportunities for people of LaMoure.

With the development of that specific area and the recent construction of a day-care facility and pre-school building last fall which is adjacent to Sunset Park, the walking paths are ever more important for this to occur. It will give the opportunities for the pre-school and the daycare to utilize such paths not only for recreation and walking but other avenues for play and safety for strolling babies and toddlers for recreation use.

We strongly support this project. Please contact myself for any questions you may have on this worth-while project by one of the above avenues in the letterhead.

Submitted by,

Mitch Carlson / Superintendent of LaMoure Public School

AN EQUAL OPPORTUNITY EMPLOYER

The LaMoure School District does not discriminate on the basis of race, national origin, sex, or handicap in its educational program, activities, and employment practices.

LaMoure Community Development Corporation

PO Box 262

LaMoure, ND 58458

To Members of the Grant Committee:

I'm writing this letter of support for Phase II of the Sunset Park Revitalization Project on behalf of the LaMoure Community Development Corporation. This is a continued effort to improve our park and the well-being of its citizens. The commitment of our members to Phase I of the Sunset Park Revitalization Project was overwhelming to complete that project and the support of Phase II is also strong.

Centralizing walking paths in the park will encourage use by families and others while participating in recent improvements made at the park.

Currently, walkers in our community face unsafe conditions such as using streets because of poor sidewalks or no sidewalks, traffic at crossings, uneven curbs and terrain. Walking paths at the park would reduce all risks by offering no traffic, on one level, in a safe environment at the park.

While ball diamonds, the pool and the new playground equipment provide activities, supervising and spectating can be accomplished while walking. Community members can make it a destination for activity and health. With gatherings and picnics held at the park our community will be inviting our guest and visitors to benefit in their well-being.

The LaMoure Community Development partnered with other entities in building a much needed day care facility right next to the park. The walking paths will only enhance the daycare facility usage and safety of this project.

The LaMoure Community Development Corporation has in the past supported this project and Phases of revitalizing Sunset Park and will continue to do so in the future. Improving LaMoure's health and fitness one phase at a time.

Sincerely

Brad Nogosek
LaMoure Community Development Corporation President

Volunteer!

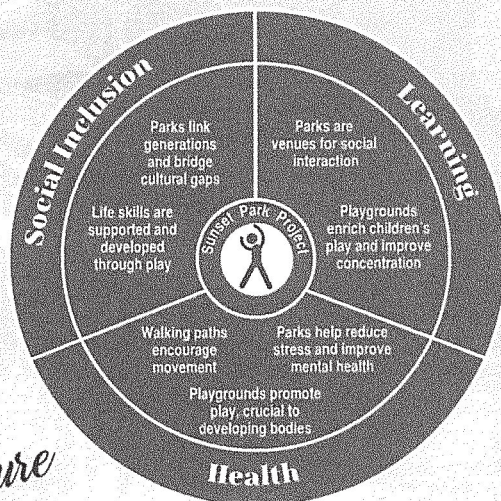
A Community Build Project:

There's something exciting about elected officials, businesses and neighbors working together to turn a dream into a vital community asset.

By volunteering your time and talents, you can significantly reduce implementation costs and develop a sense of pride for your park. Contact LaMoure Lions today.

Contribute Financially!

Pave the Way Campaign or Your Park - Your Perks



LaMoure Lions

is a service organization committed to making positive, impactful change. Lions are collaborating with LaMoure Park Board, community organizations and volunteers. Our goal is to develop recreational spaces that meet the diverse needs of each generation - ultimately strengthening our community while fostering social engagement.



LaMoure Lions
PO BOX 282
LaMoure ND 58458

Mitch Carlson
President
LaMoure Lions

Caroline Homan
Chair, Lions Sunset
Park Committee

Judy Meisch, Leah Meisch
& Katie Kramer
Sunset Park Committee

Beth DeLaBarre
Park Board Member

For more information contact:

Find us on Facebook: Sunset Park Revitalization - LaMoure Lions

(This is a proposal, all images rendered are subject to change.)

Revitalize!

Sunset Park

Where generations play!

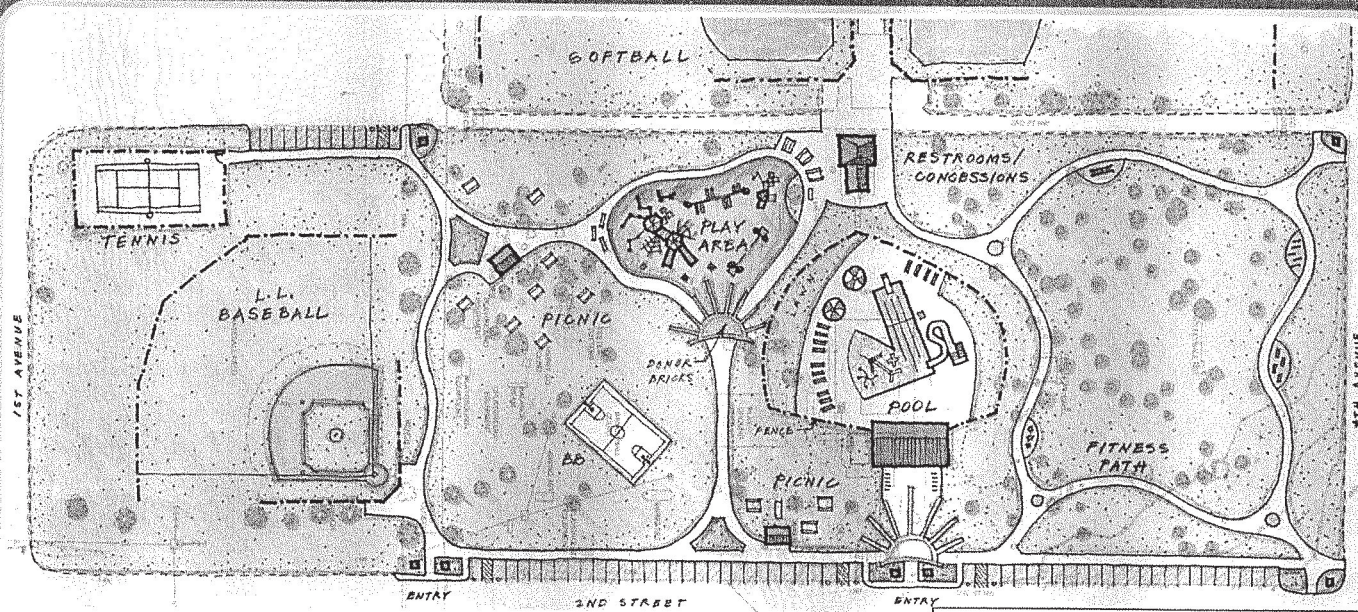
Join us in revitalizing Sunset Park
into a thriving gathering place
for our community.



Together

with the help of LaMoure Lions,
we will make health and vitality a priority!

The Big Picture: *A Community Gathering Space*



Phase 1: Building Strong Minds, Strong Bodies: New Play Equipment

- Innovative play equipment benefits children's health and learning in fun ways
- Estimated Goal: \$150,000 • Estimated Timeline: Spring/Summer 2018

Phase 2: Building Connections & Health: Paved Walking Paths

- To connect and unify recreational spaces with improved access for wheelchairs and strollers
- Walking paths motivate physical activity
- Estimated Goal: \$140,000 • Estimated Timeline: Fall 2018

Phase 3: Building Endurance & Strength: A Community Swimming Pool

- Zero-entry pool gently slopes, gradually deepening making it easily accessed by all abilities
- Offers low-impact exercise for a high quality cardiovascular workout
- Estimated Goal: 1.5 million • Estimated Timeline: 5 years

Phase 4: Building Improved Access: Off-Street Parking

- Exit your vehicle without the threat of oncoming traffic
- Designated parking spaces will improve access to recreational areas

