

21-05-Tioga Dam Trail - Copy

Application Details

Funding Opportunity: 21075-Outdoor Heritage Fund September 2022 - Round 21
Funding Opportunity Due Date: Sep 2, 2022 5:00 PM
Program Area: Outdoor Heritage Fund
Status: Submitted
Stage: Final Application

Initial Submit Date: Sep 1, 2022 4:11 PM
Initially Submitted By: Abby Salinas
Last Submit Date:
Last Submitted By:

Contact Information

Primary Contact Information

Active User*: Yes
Type: External User
Name: Salutation Abby Middle Name Salinas
First Name Last Name
Title: City Auditor
Email*: Auditor@cityoftioga.com
Address*: 16 1st Street NW
P.O. Box 218
Tioga North Dakota 58852
City State/Province Postal Code/Zip
Phone*: 623-236-4626 Ext.
Phone

Fax: ### ### #####
Comments:

Organization Information

Status*: Approved
Name*: City of Tioga Municipal
Organization Type*: Government
Tax Id:
Organization Website: 16 1st Street NW
Address*:

P.O. Box 218

Tioga North Dakota 58852-____
City State/Province Postal Code/Zip

Phone*:

623-236-4626 Ext.
#####

Fax:

#####

Budget

Objective of Grant

Objective of Grant:

Create a trail around the dam that would provide people of all ages healthy, natural areas for exercise, recreation and sportsman opportunities. Conserving and revitalizing the area with safe, accessible and no-cost activities.

Summary

Grant Request:	\$200,000.00
Matching Funds:	\$2,203,000.00
Total Project Costs:	\$2,403,000.00

You must have at least 25% match

Percentage of Match: 91.68%

Project Expenses

Project Expense Description	OHF Request	Match Share (Cash)	Match Share (In-Kind)	Match Share (Indirect)	Other Project Sponsor's Share	Total Each Project Expense
Tioga Dam Trail and Park Improvement	\$200,000.00	\$2,203,000.00	\$0.00	\$0.00	\$0.00	\$2,403,000.00
	\$200,000.00	\$2,203,000.00	\$0.00	\$0.00	\$0.00	\$2,403,000.00

Budget Narrative

Budget Narrative:

Total Project Cost - \$2,403,000 requesting grant - \$200,000 City portion \$2,203,000 paid from Oil and Gas

Bid Attachments

Description	File Name	Type	Size	Upload Date
This is an engineer estimate for the proposed project of improvements for the Tioga Dam Area	09-01-2022 Estimate.pdf	pdf	40 KB	09/01/2022 12:04 PM

Match Funding

Match Amount	Funding Source	Match Type
\$2,203,000.00	Oil and Gas	Cash
\$2,203,000.00		

Description

Directives

Major Directive*:

Directive C
Choose One

Additional Directive:

Directive D
Choose All That Apply

Type of Agency*:

Political Subdivision
Choose One

Abstract/Executive Summary

Abstract/Executive Summary*:

The Commission would like create a natural trail around the Tioga Dam that provides a healthy recreation opportunity for people of all ages with safe, accessible and low- or no-cost places to cycle, walk, hike, jog, sporting or skate. Trails help people of all ages incorporate exercise in their daily activities. This project would open up more of the public land that has been inaccessible for users and convert some of the natural areas creating spaces for recreation, sporting and fishing habitat. This also helps with the conservation and revitalization of our Tioga Dam area. Tourism is a part of this economy and being able to provide activities to this area will enhance some of the other recreational activities that this community has to offer. Outdoor users will be able to enjoy the beautiful scenery that this natural recreation area has to offer. This will change the stigma of being a transit community to being a community that supports diversity, welcomes families and cares about the wellbeing of people from all ages. The users will discovery our natural history and take pride in the beauty of the surrounding areas and create beautiful memories.

Project Duration

Project Duration*:

The project is expected to be completed by October of 2023

Narrative

Narrative

Briefly summarize your organization's history, mission, current programs and activities. Include an overview of your organizational structure, including board, staff and volunteer involvement.

Organization Information*:

Homesteaders from Tioga County, New York, settled here in 1902 and organized the township, giving our City the name of Tioga. ND. On April 4, 1951, the Amerada Petroleum Corporation discovered oil on the Clarence Iverson farm. The oil came from the Nesson Anticline, a geological formation that is part of the Williston Basin. This discovery of oil in 1951 set off an oil boom. At the time oil was discovered, Tioga had a population of about 500 and by 1959 the population was 2700. Today, Tioga has a population of about 2200. We are proud of our city with schools, hospital, Theater, park, swimming pool, museum, library and airport. The mission of this Commission Board comprised of 5 members is to continue to grow our city and provide more safe, healthy amenities and recreational activities that will help keep families here while preserving our natural surroundings for hunting, fishing and farming. The City is comprised of 5 Commission Members, 23 full time employees and 6 part time employees.

Tioga also has a large volunteer selection that make up a 100% of the work force for our local Fire and Ambulance Department, Local Theater, Golf Course and other important areas. Currently Tioga's recreational activities are baseball, golf, hockey, soccer, and tennis. Some of the that are offered in Tioga are nursing, continued education, aeronautics and drone pilot ground school.

Describe the proposed project identifying how the project will meet the specific directive(s) of the Outdoor Heritage Fund Program.

Identify project goals, strategies and benefits and your timetable for implementation. Include information about the need for the project and whether there is urgency for funding. Indicate if this is a new project or if it is replacing funding that is no longer available to your organization. Identify any innovative features or processes of your project.

Note: if your proposal provides funding to an individual, the names of the recipients must be reported to the Industrial Commission/Outdoor Heritage Fund. These names will be disclosed upon request.

If your project involves an extenuating circumstance to [exempted activities](#) please explain.

Purpose of Grant*:

The purpose is to assist the city with the development of Tioga Dam Trail and Park Improvement, this would help foster partnerships that advance its habitat conservation goals and would provide a healthy outdoor recreational and educational opportunity for the general public of all ages in the City of Tioga and surrounding areas as well as visitors.

Please list the counties that would be impacted by this project:

Counties*: Williams

Is This Project Part of a Comprehensive Conservation Plan?* No

If Yes, Please Provide Copy of Plan:

Does Your Project Involve an Extenuating Circumstance?* No

Please Explain:

Provide a description of how you will manage and oversee the project to ensure it is carried out on schedule and in a manner that best ensures its objectives will be met. Include a brief background and work experience for those managing the project.

Management of Project*:

The City of Tioga has contracted Moore Engineering to oversee the management of the project, Moore Engineering is comprised of various engineers that have overseen trail and park improvements in various cities across North Dakota as well as keeping all contracted work to timeline schedules. The City of Tioga also has a Street/Maintenance Superintendent and staff with combined experience of over 30 years that will be able to keep contracted construction within schedule if needed.

Indicate how the project will be funded or sustained in future years. Include information on the sustainability of this project after OHF funds have been expended and whether the sustainability will be in the form of ongoing management or additional funding from a different source.

Sustainability*:

The City currently maintains the Tioga Dam and will continue to sustain the upkeep and maintenance of the dam trail be integrating any additional cost if needed.

Indicate how the project will be affected if less funding is available than that requested.

Partial Funding*:

The project will continue, however there might be cuts to the details to make up for the cost such as instead of a pedestrian bridge being built, replacing it with a culvert or the pavilion/gazebo will be a have to wait for the following year to see funding might be available.

If you are a successful recipient of Outdoor Heritage Fund dollars, how would you recognize the Outdoor Heritage Fund partnership? * There must be signage at the location of the project acknowledging OHF funding when appropriate. If there are provisions in that contract that your organization is unable to meet, please indicate below what those provisions would be.

Partnership Recognition*:

The City of Tioga will have a ribbon cutting at the end of construction and opening to the trail inviting all OHFP and place appropriate signage at the entrance of the Tioga Dam acknowledging contribution that was made including adding it to any future brochures or articles.

Do you have any supporting documents, such as maps or letters of support that you would like to provide? If so, please provide them in a single file.

Supporting Documents*: Yes

If Yes, Please Provide Copies in a Single File: [09-01-2022 letters and maps.pdf](#)

Awarding of Grants - Review the appropriate sample contract for your organization. [Sample Contract](#)

Can You Meet All the Provisions of the Sample Contract?* Yes

If there are provisions in that contract that your organization is unable to meet, please indicate below what those provisions would be:

Provisions Unable to Meet:

Tasks

Tasks

Task	Start Date	Completion Date
Tioga Dam Trail	11/07/2022	10/31/2023

Description of Tasks

Please Describe Tasks:

none

Deliverables

Deliverables

Deliverable	Quantity	Unit of Measurement, if applicable
completion of trail	1	

Certification

Certification

Certification: Yes
Name: Abby Salinas
First Name Last Name
Title: City Auditor
Title
Date: 09/01/2022

Internal Application Number

#/ID: 21-05

**Tioga Dam
Trail & Park Improvements
Tioga, ND**

Engineer's Preliminary Opinion of Probable Cost

BID ITEM NO. & DESCRIPTION		UNIT	QUANTITY	UNIT PRICE	TOTAL	
<u>Trail Project</u>						
1.	12000	Testing Allowance	ALLOW	1	\$40,000.00	\$40,000.00
2.	15000	Storm Water Management	L SUM	1	\$10,000.00	\$10,000.00
3.	260.0100	Silt Fence Unsupported	LF	15,000	\$3.00	\$45,000.00
4.	201.0352	Removal of Trees & Brush	L SUM	1	\$10,000.00	\$10,000.00
5.	203.0101	Common Excavation-Type A	CY	3,000	\$12.00	\$36,000.00
6.	230.00001	Subgrade Preparation-Type A-12In	SY	14,500	\$3.00	\$43,500.00
7.	302.0120	Aggregate Base Course CI 5	TON	5,000	\$40.00	\$200,000.00
8.	709.0401	Geotextile Fabric-Type S1	SY	14,500	\$3.00	\$43,500.00
9.	754.9095	Signing	L SUM	1	\$5,000.00	\$5,000.00
10.	12000	Mobilization	L SUM	1	\$175,000.00	\$175,000.00
11.	251.0100	Seeding Class I	ACRE	4	\$10,000.00	\$40,000.00
12.	253.0201	Hydraulic Mulch	ACRE	4	\$10,000.00	\$40,000.00
13.		Asphalt Trail - 4In- 7' Wide	TON	2,700	\$225.00	\$607,500.00

Trail Project Construction Subtotal	\$1,295,500.00
Contingencies	\$194,500.00
Design & Construction Engineering	\$275,000.00
Advertising & Publishing	\$3,000.00
Legal Fees	\$5,000.00
Soil Borings & Geotechnical Report	\$15,000.00
TOTAL TRAIL PROJECT COST	\$1,788,000.00

Trail /Park Amenities

1.		Gazebo	L SUM	1	\$250,000.00	\$250,000.00
2.		Pedestrian Bridge	EA	2	\$100,000.00	\$200,000.00

Trail/Park Amenities Construction Subtotal	\$450,000.00
Contingencies	\$67,000.00
Design & Construction Engineering	\$90,000.00
Advertising & Publishing	\$3,000.00
Legal Fees	\$5,000.00
TOTAL TRAIL/PARK AMENITIES PROJECT COST	\$615,000.00

TOTAL PROJECT COST	\$2,403,000.00
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May 21, 2022

Peaceful Valley Pheasants Forever
P.O. Box 712
Tioga, ND 58852

Dear North Dakota Advisory Board,

I have viewed the plans for the walking trail that will be located around the Tioga Dam, and feel that this will be a great addition to the Community and surrounding areas.

I'm in full support as a board member of Pheasants Forever we strive for conservation and this will help keep area clean and give the community recreational activities in that area which are needed. I'm also the President of the Tioga Park Board and feel that this will be a good addition to the activities that are provided by the park. As a board member and a citizen Tioga and feel that recreational activities are needed in small communities because it improves the quality of life.

If you have any questions, please feel free to contact me at 701-641-2097.
Thank you for your consideration on this matter.

Sincerely,



Kelci Hanson

June 30, 2022

Commission President Kevin Litten
City Commissioners Tim Christianson, Larry Maize, Jessica Steele, Shawn Travis
City Attorney Liz Pendley
City Auditor Abby Salinas

Congratulations on the recent election results and formation of a new city government. I wish you great success in our mutual efforts to further advance and promote the quality of life here in Tioga.

I attach a copy of a letter which was submitted April 2021 to the then commission President suggesting action be considered in construction of a Wellness Pathway for Tioga.

In response, I was copied on an already completed pre-existing engineering draft plan by the city of Tioga for a pathway. I was informally advised that the project would await grant funding. I am not aware of any action in the interim.

I believed then, as I do now, that a Wellness Pathway for Tioga is the most proven investment that Tioga can make for opportunity in health and wellness for all its people.

I urge your consideration and support in upcoming budget projects of a Wellness Pathway.

Please contact me for any support I might provide.

A handwritten signature in black ink that reads "Robert Rotering M.D." in a cursive script.

Robert Rotering, MD
Medical Director
Tioga Medical Center



To: Timothy Sundhagen
Tioga Commission President

Re: "Wellness Way" Construction

The summer of 2021 will see the completion of the new Wellness Center Facility and the beginning of the Preventive Medicine Program. The goal of a Preventive Medicine program is to protect, promote, and maintain health and well-being and to prevent disease, disability and death. Preventive healthcare helps us stay healthy and is key to avoiding problems (or catching them early, when they're easier to treat). The Tioga Medical Center will serve as the initial launch pad of our "wellness culture" initiative for our patients and community--the facility will serve as the heartbeat of regularly scheduled activities focused on wellness. There will be everything from cooking classes to lectures to on-site group exercise programs. Two of the important keystones of wellness and "preventive medicine" are activity and exercise.

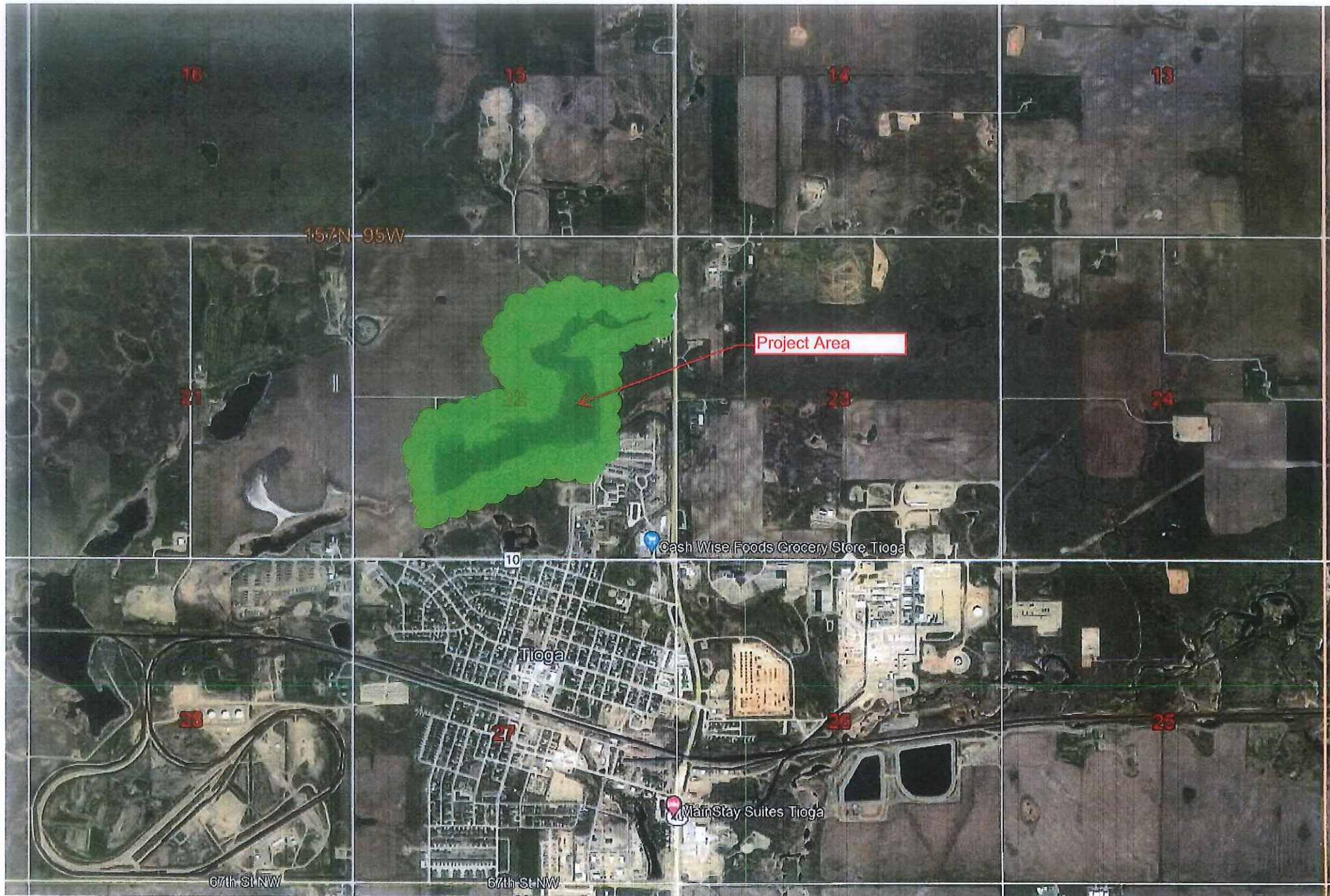
Tioga has long needed a multi-purpose walking path--a path that will serve the needs of our medical center patients, as well as our various programs and the community at large. Trails have become a coveted amenity in urban spaces. No longer are trails limited to distant national parks and obscure, secluded spaces. They're becoming an important part of our towns and cities. Trails promote physical activity and alternative transportation through biking, running or walking. A walking path in Tioga will provide substantial benefits to our Physical Therapy programs, as well as to our Cardiac Rehab and Diabetic patients. And, of course, a walking path will bring the benefits of general fitness and recreational use to the general citizenry, as well. We are proposing that the city of Tioga join in the new Wellness Initiative by completing construction of a "Wellness Way" circuit along Signal Road (68th Street NW) up past the new Zion Church (Main Street N), then fronting scenic Tioga Dam and finally connecting south again to the Signal Road path. We envision the "Wellness Way" as meeting the demands of user groups engaged in a variety of activities: walking, running, baby strollers, wheelchairs, cross-country skiing, etc. And we envision that there will be various areas designated for picnicking, benches by the lake, etc.

We invite everyone in Tioga to join us in promoting a new era of "wellness culture" for the entire Tioga community through this legacy of construction.

Sincerely,

Robert Rotering, MD
Medical Director
Tioga Medical Center

Trisha Werre, MS CEP
Masters of Science
Clinical Exercise Physiologist
Diabetic Educator



Conceptual Layout of Walking path around the Tioga Dam

